

LABEL INFORMATION: SUSTAIN™ ELECTROLYTE REPLACEMENT TABLETS



Supplement Facts

Serving Size 2 tablets

| Amount per Serving | | %DV* |
|---|--------|------|
| Calcium (as calcium carbonate) | 15 mg | 2% |
| Chloride (as sodium chloride, potassium chloride) | 280 mg | 8% |
| Sodium (as sodium chloride) | 170 mg | 7% |
| Potassium (as potassium chloride) | 15 mg | <1% |

* Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients

microcrystalline cellulose, starch, hydroxypropyl methylcellulose, magnesium stearate, maltodextrin, polyethylene glycol

Uses

- replaces electrolytes lost during periods of high heat, physical exertion or excessive perspiration
- helps provide rapid rehydration to help maintain energy and proper muscle function under conditions of heat stress

Directions

- adults and children 12 years of age and older: take 2 tablets with at least 8 oz. of water
- may be repeated every hour as needed
- do not take more than 20 tablets in 24 hours
- children under 12 years of age: ask a doctor

Warnings

Do not use this product if you are on a sodium-restricted diet unless directed by a doctor.

Ask a doctor before use if you have

- heart disease
- high blood pressure

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Other information

- store this product at 15-25°C (59-77°F)
- avoid excessive heat above 40°C (104°F)

Questions?

1-800-841-8417 or zeemedicalinc.com